

Parasitic Infection: Case Report

Paragonimiasis with Oral Cavity Colonization: First Case Report

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SUMMARY

The purpose of this case report is to share a new clinical colonization of a zoonosis condition. This is the case of a 39-year-old female patient who presented to the Emergency Department with a *Paragonimus* colonization of oral cavity after consumption of raw crab. This article shows the lab works and clinical challenges that Oral and Maxillo-Facial Surgery Department had to overcome to successfully treat this patient and clearly demonstrates that complete medical record continues to be a fundamental tool for correct targeting towards the diagnosis and treatment of any pathological entity.

Paragonimiasis is a zoonosis caused by adult trematodes of the genus *Paragonimus*. It manifests itself as chronic and limited pathology localized particularly in the lungs and sometimes extension in extra pulmonary sites. The definitive host of these parasites consists of wild carnivorous mammalian varieties, however, humans and domestic animals become infected by eating raw or undercooked crustaceans and shellfish infested by the organism.¹

Although the disease is usually caused when the parasite is located in the lungs, severe symptoms such as diarrhea, abdominal pain, urticaria, eosinophilia, fever and adynamia may develop during the first few weeks of inoculation prior to the onset of pulmonary symptoms such as cough, hemoptysis and chest pain.²

There is very little literature that reports involvement by paragonimiasis in maxillofacial region, and there is no report of oral cavity involvement.³

CASE

A 39-year-old female patient, with no relevant medical history, was admitted to the Emergency Department with a clinical picture of 2 months of evolution consisting of facial edema in the left buccal region associated with sensation of peribuccal tingling, dysarthria and pain; without fever, no secretions or history of dental pain. Physical examination showed normal vital signs and alteration of left buccal contour by indurated mass, without ulcers, painful

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to palpation. The intraoral examination revealed a mass on the left lateral border of the tongue, painful to palpation, without signs of infection. It was considered that lesions were highly suggestive of neoplasia, for which head computed tomography (CT) (Fig 1) and blood lab test were ordered, which showed leukocytosis associated with neutrophilia and high C-reactive protein (CRP) levels (Table 1). Therefore, it was decided to perform an incisional biopsy of the left lateral border of tongue (Fig 2) and left cheek mucosa; abscess in both areas with

secretion brown purulent material was found, also with a small black foreign body (Fig 3) which was sent together with the tissue to histopathological study. Patient was discharged with oral antibiotic regimen and biopsy results were going to be checked in the clinic. The patient was re-admitted to the Emergency Department 3 days after, due to severe pain, edema in the right face (Fig 4) and pleuritic chest pain, vital signs were normal. Consult to Oral and Maxillo-Facial Surgery (OMFS) Department was requested and during patient questioning it was documented



FIGURE 1. Contrast enhanced computed tomography (A, B) shows lesions with inflammatory component in left mental region and left floor of mouth, reactive cervical lymph nodes (*asterisks*). (Fig 1 continued on next page.)



FIGURE 1 (cont'd). Contrast enhanced computed tomography (**A, B**) shows lesions with inflammatory component in left mental region and left floor of mouth, reactive cervical lymph nodes (*asterisks*).

an exposure antecedent to raw crab consumption 2 months prior to appearance of clinical picture of migratory facial nodules, reason why it was suspected paragonimiasis, therefore antibiotic scheme begun with penicillin + clindamycin; blood test and chest x-ray were also ordered. Lab works showed increased leukocytosis and eosinophilia compared to previous results and previously ([Table 2](#)). The chest x-ray ([Fig 5](#)) showed left pleural effusion with right basal areas of fibrosis and lamellar atelectasis. The high resolution pulmonary CT scan showed signs of basal pneumonia, and the antibiotic

scheme was escalated to piperacillin/tazobactam. With the new findings, a coproscopy was requested which ruled out the presence of intestinal parasites in sample; It was decided to start praziquantel (600mg every 8 hours), however, it was not possible to administer the drug immediately due to lack of availability in the country, therefore, albendazole was started on the day while the praziquantel drug was being obtained. Before antiparasitic onset, a significant increase of leukocytosis and eosinophilia levels was observed that were slightly stabilized during the management with albendazole.

TABLE 1. Admission laboratories.

Tests	Results	Units
White blood cells (WBC)	18,500*	μL
Neutrophils	13,810*	μL
Lymphocytes	3,380	μL
Monocytes	910	μL
Basophils	40	μL
Eosinophils	410	μL
Hemoglobin	14.5	g/dL
Hematocrit	43.1	%
Mean corpuscular volume (MCV)	91.8	fL
Mean corpuscular hemoglobin (MCH)	30.9	pg
Platelets	598,000	μL
C-reactive protein (CRP)	10.75	mg/dL
Blood urea nitrogen (BUN)	9.15	mg/dL
Creatinine	0.6	mg/dL

Abbreviations: μL, microliters; g, grams; dL, deciliters; fL, femtoliters; pg, picograms; mg, milligrams.

* *Superscript asterisk* indicates about increased rates.

TABLE 2. Readmission to Emergency Room.

Tests	Results	Units
White blood cells (WBC)	23,580*	μL
Neutrophils	9,360	μL
Lymphocytes	4,13	μL
Monocytes	940	μL
Basophils	50	μL
Eosinophils	9,100*	μL
Hemoglobin	13.3	g/dL
Hematocrit	39.5	%
Mean corpuscular volume (MCV)	92.4	fL
Mean corpuscular hemoglobin (MCH)	31.1	pg
Platelets	567,000	μL
Blood urea nitrogen (BUN)	9.47	mg/dL
Creatinine	0.7	mg/dL

Abbreviations: μL, microliters; g, grams; dL, deciliters; fL, femtoliters; pg, picograms; mg, milligrams.

* *Superscript asterisk* indicates about increased rates.

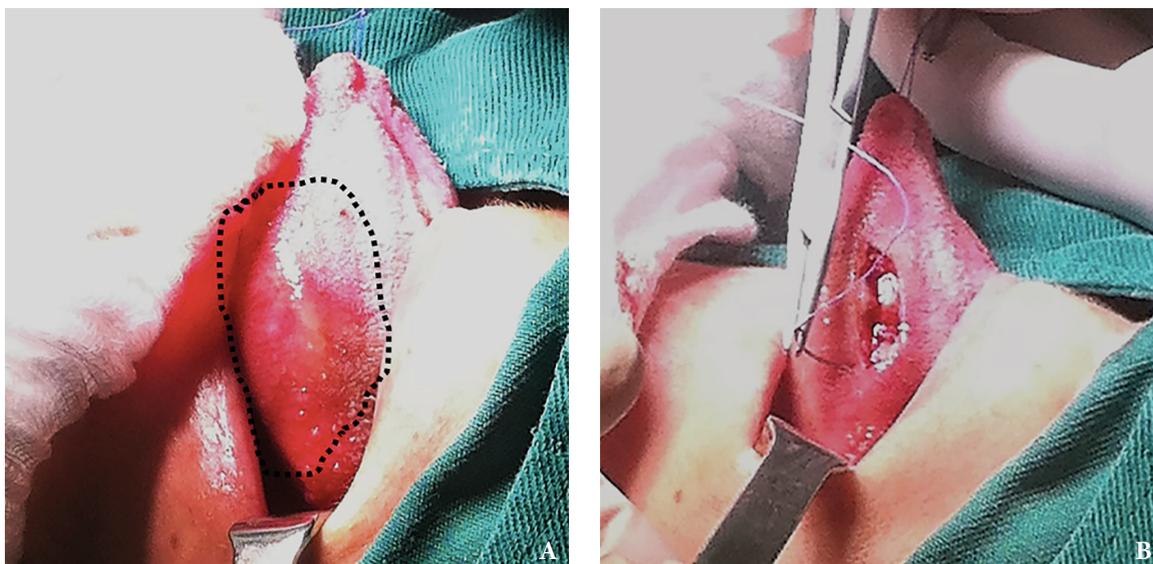


FIGURE 2. Intraoperative pictures of the left lateral tongue's biopsy: **A**, black dots indicates the biopsy's area; **B**, suturing.

Pathologic report was received indicating chronic inflammatory process with high leukocyte infiltrate and foreign body corresponding to adult form with degenerative changes of a *Paragonimus westermani* (Fig 6) confirming diagnosis of paragonimiasis with colonization in the oral cavity. Two weeks later, praziquantel was obtained and 600mg oral doses were initiated every 8 hours in a 3-day regimen. The day after, the patient showed significant improvement in general conditions with decreased facial edema and

no respiratory symptoms. Control labs evidenced decrease of leukocytosis and eosinophilia with complete resolution at the end of the anti-parasitic scheme, reason why medical discharge was given two days later. The patient attended 1 month after to control appointment with laboratories that showed normal values and clinical examination revealed total resolution of facial edema (Fig 7). Control chest x-ray showed partial resolution of pleural effusion (Fig 5C).



FIGURE 3. Clinical pictures of specimens obtained with left lateral tongue (**A**, **B**: image **B** is an enlarged image **A**) and left cheek mucosa (**C**, **D**: image **D** is an enlarged image **C**) biopsy. Black foreign bodies are indicated by arrows. (**FIGURE 3 continued on next page.**)

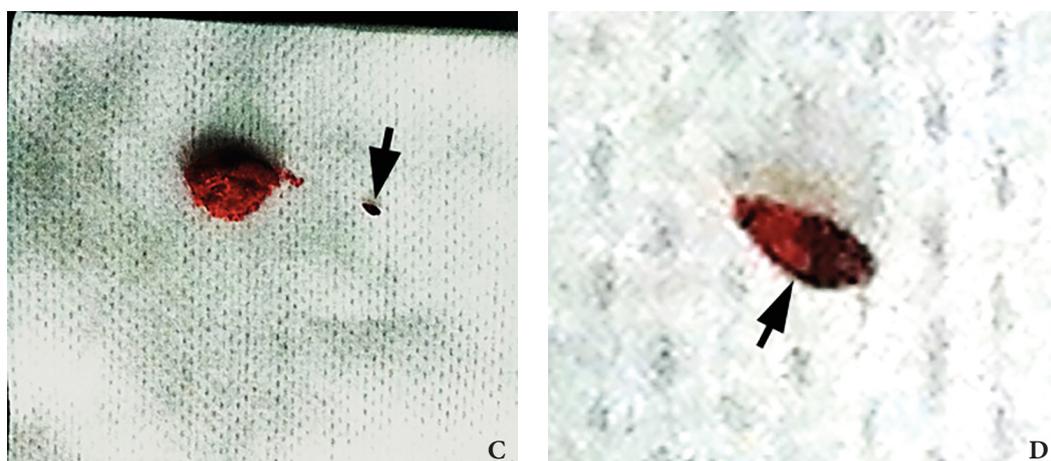


FIGURE 3 (cont'd). Clinical pictures of specimens obtained with left lateral tongue (**A, B**: image **B** is an enlarged image **A**) and left cheek mucosa (**C, D**: image **D** is an enlarged image **C**) biopsy. Black foreign bodies are indicated by *arrows*.



FIGURE 4. Patient showing important swelling of right hemiface (*arrow*) and left mental zone (*arrowhead*).

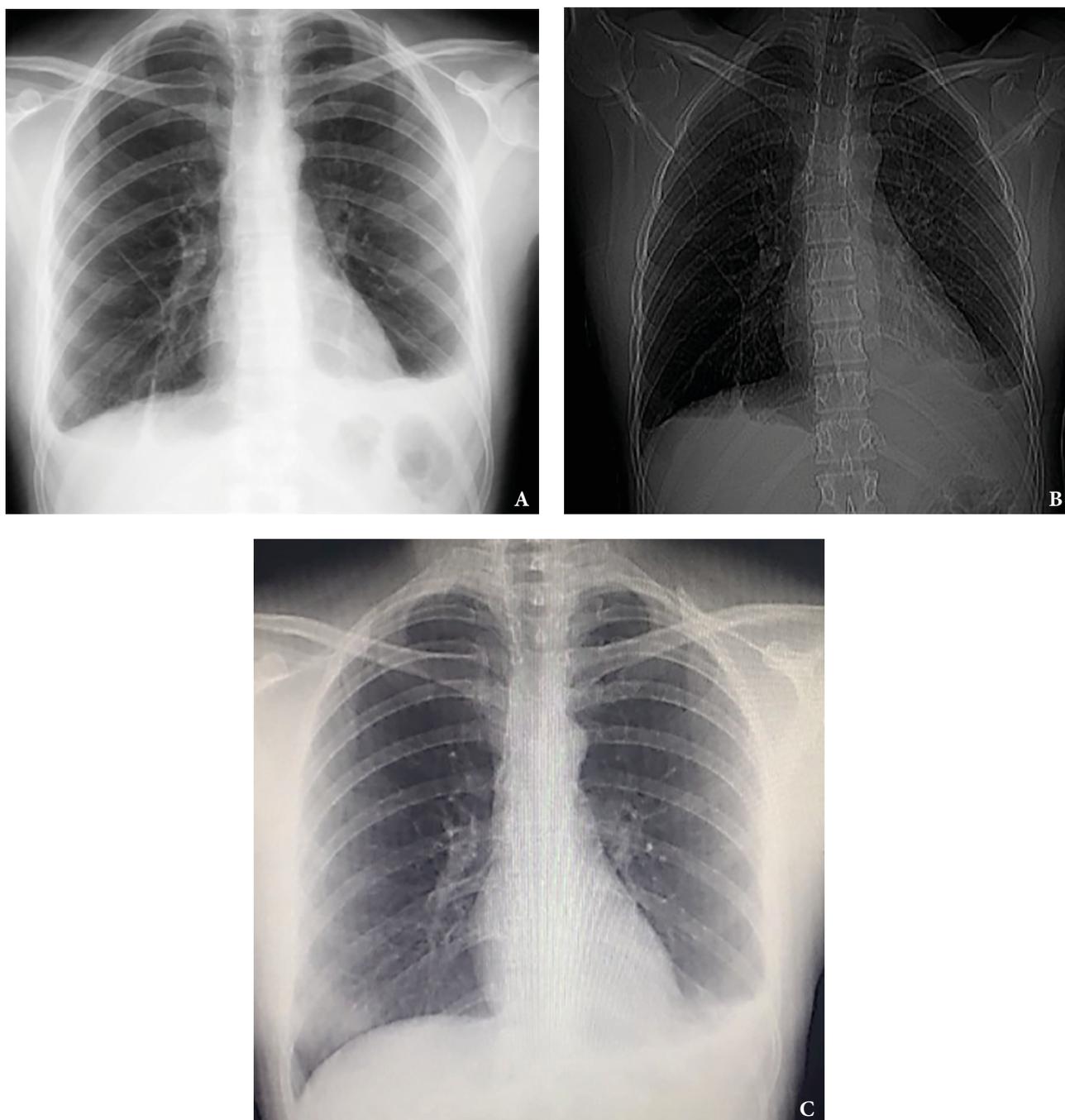


FIGURE 5. Chronologic follow-up (A, initial x-ray; B, x-ray upon treatment) of chest x-rays showing pleural effusion and its resolution 1 month post-op (C).

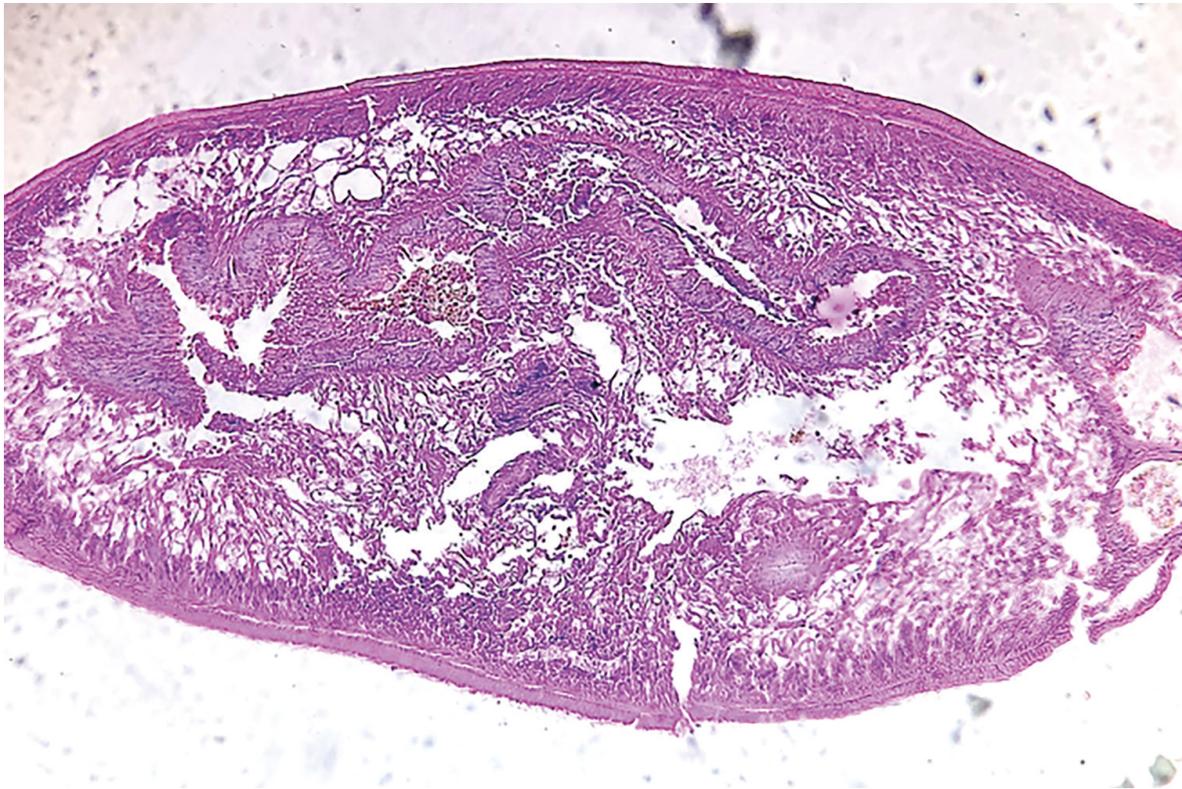


FIGURE 6. Microscopic image of foreign body corresponding to adult form of *Paragonimus westermani* (hematoxylin-eosin stain, original magnification $\times 100$).

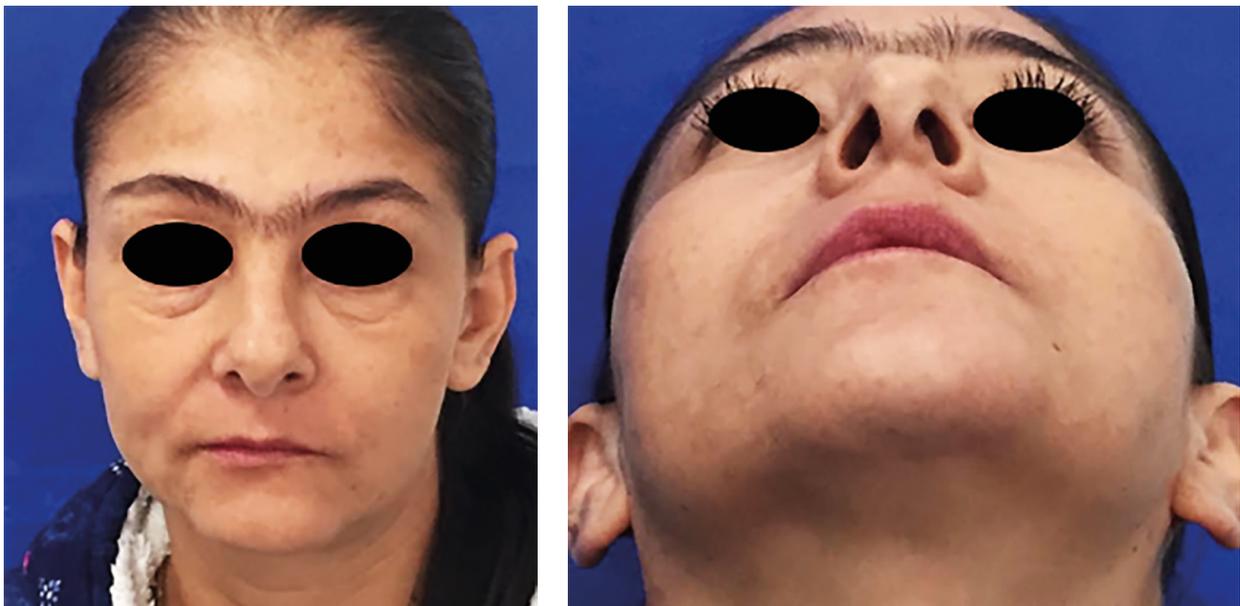


FIGURE 7. 1 month post-op after medical management with praziquantel showing no facial swelling.

DISCUSSION

Paragonimiasis is a zoonosis described by Braun in 1899, caused by adult trematodes of *Paragonimus* genus that manifests itself as pathology located particularly in lungs and other extra pulmonary sites. Since its discovery, more than 40 species of microorganism have been reported in Asia, Africa and America, areas considered endemic especially in tropical areas.⁴

LIFECYCLE

Paragonimus westermani, considered the parasite most related to this pathology, has a life cycle that starts as a larva, initially colonizes the snail where it makes asexual reproduction. The cercariae leave the snail and invade the crustaceans which are consumed in raw or poorly cooked meat by humans. Metacercariae disembark in duodenum and migrate through peritoneum perforating abdominal wall and diaphragm until they locate in lungs parenchyma and form cystic cavities in a process that can take 2 to 8 weeks after contact with the contaminated meat. In some cases parasite locates in other parts of the body such as muscle, subcutaneous tissue, peritoneum, pleura, liver, intestine, testicles and brain.¹ This microorganism is oval shaped flattened by its two faces and can reach a size similar to that of a coffee bean; Is a hermaphrodite parasite that has 2 testicles and 1 ovary; 2 suction cups that allow its adhesion to the tissue walls, an oral cavity and an excretory bladder.

CLINICAL MANIFESTATIONS

The clinical manifestations of paragonimiasis are variable depending on the severity of the infection, including urticaria, diarrhea, adynamia, abdominal pain, cough with expectoration, blood test in free eosinophilia, migratory nodules and abscesses, pleural effusion and hemoptysis, and in case of migration From parasite to central nervous system can show convulsions, hemiplegia and fatal encephalitis.²

DIAGNOSIS

Expositional antecedents of the patient will give us indications to suspect paragonimiasis which can be confirmed by parasitological examinations and

presence of *Paragonimus* in the sample of sputum or feces. Blood laboratories show leukocytosis with eosinophilia.¹

TREATMENT

Management of paragonimiasis is clearly pharmacological and gold standard is praziquantel; An anti-parasitic drug with success rate of 100% for paragonimiasis. This drug acts by increasing permeability to calcium in parasite cell wall causing involuntary contractions that end up rupturing membrane and causing death of the microorganism. The dose of administration is 75mg/kg/day, divided in three doses for 2 to 3 days. It also describes the use of other drugs such as biotinol, an antiparasitic initially used veterinary that has been used for the management of paragonimiasis with success rates ranging from 60 to 80 percent, is considered the second choice for pharmacological management at doses of 40mg/kg for 10 days.

Triclabendazole is useful for paragonimiasis management but presents a 20% success rate at a dose of 20mg/kg and is still under study.⁵ In our case report we show the clinical characteristics of paragonimiasis reported in the literature as the migratory cutaneous nodules in the oral region that started in the left face to later migrate to the right side and mental region; cystic cavities present in lateral border of the tongue and oral mucosa; presence of pleural effusions, respiratory symptoms, eosinophilia and histopathological confirmation of microorganism in samples. During medical management a progressive increase of eosinophilia and persistence of clinical signs during the antibiotic and antiparasitic scheme with albendazole were evidenced, which effectively diminished until resolved in its totality after establishing the appropriate therapy with praziquantel at the dose reported in the literature.

CONCLUSIONS

- Pathologies of tropical endemic areas become diagnostic challenges when they occur in areas of low frequency.
- It is important to analyze the expositional antecedents of patients presenting with infrequent and non-pathognomonic findings.
- The complete medical record continues to be a

fundamental tool for correct targeting towards the diagnosis and treatment of any pathological entity.

- Interdisciplinary communication and management leads to an effective and timely treatment for the patient.
- Documentation of zoonosis with colonization in the oral cavity is important to feed the world literature and allow an efficient diagnosis and efficient management of our patients.

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CONFLICTS OF INTEREST

No conflicts of interest declared.

PATIENT CONSENT

Patient consent was given to publish clinical pictures.

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